## Group Meetings

Inside the Community
Outreach Center (C.O.C)
525 E. 18th St, Antioch



## -Every Tuesday-

- Relapse Prevention10:30am 11:30am
- Thinking For A Change
   11:30am 12:30pm

## -Every Thursday-

- Thinking For A Change
   10:30am 11:30am
- Healing Circle11:30am 12:30pm

## For more information call (925) 732-1372

Individual Counseling Sessions Available

